

ALTERNATIVE COLONOSCOPY PREPARATION

IF YOU EXPERIENCE NAUSEA AND/OR VOMITING, OR IF YOU ARE UNABLE TO TOLERATE THE PREP:

1. Wait 30 minutes then:
2. Try to slow down on drinking the prep to every 30 minutes. If you are better, then continue until you are finished drinking the prep.
3. However, if you are unable to consume the entire prep:

First: go to Pharmacy and buy 2 Ducolax tablets and 2 bottles of Magnesium Citrate

(Magnesium Citrate and Ducolax are sold over the counter, no prescription necessary.)

Then: Take the 2 Ducolax tablets at one time with 16 ounces of water and drink the entire bottle of Magnesium Citrate.

Then: wait 4 hours, **only** if stool not clear, drink the second bottle of Magnesium Citrate along with another 16 ounce of water.

YOU SHOULD CALL THE OFFICE IF VOMITING BLOOD OR PASSING BLOOD PER RECTUM.

YOU SHOULD CALL THE OFFICE AT 412-232-8104 AFTER 8 AM ON THE MORNING OF YOUR TEST IF STILL HAVING SOLID OR BROWN STOOLS. IF YOUR TEST IS SCHEDULED BEFORE 9AM CALL 412-232-8104 AND ASK ANSWERING SERVICE TO CONNECT YOU TO OFFICE.