

# Colonoscopy Confirmation

You are scheduled for a consultation and **Colonoscopy** with possible biopsy and polypectomy as the following:

1. Name \_\_\_\_\_ DOB \_\_\_\_\_

2. Procedure Date \_\_\_\_\_ Procedure Time \_\_\_\_\_ Arrive Before \_\_\_\_\_

### 3. Your Bowel Prep

- MoviPrep
- SUTAB
- NuLYTELY, GoLYTELY, PEG 3350 and Dulcolax tabs
- SUPREP
- 2 Day Alternative Prep

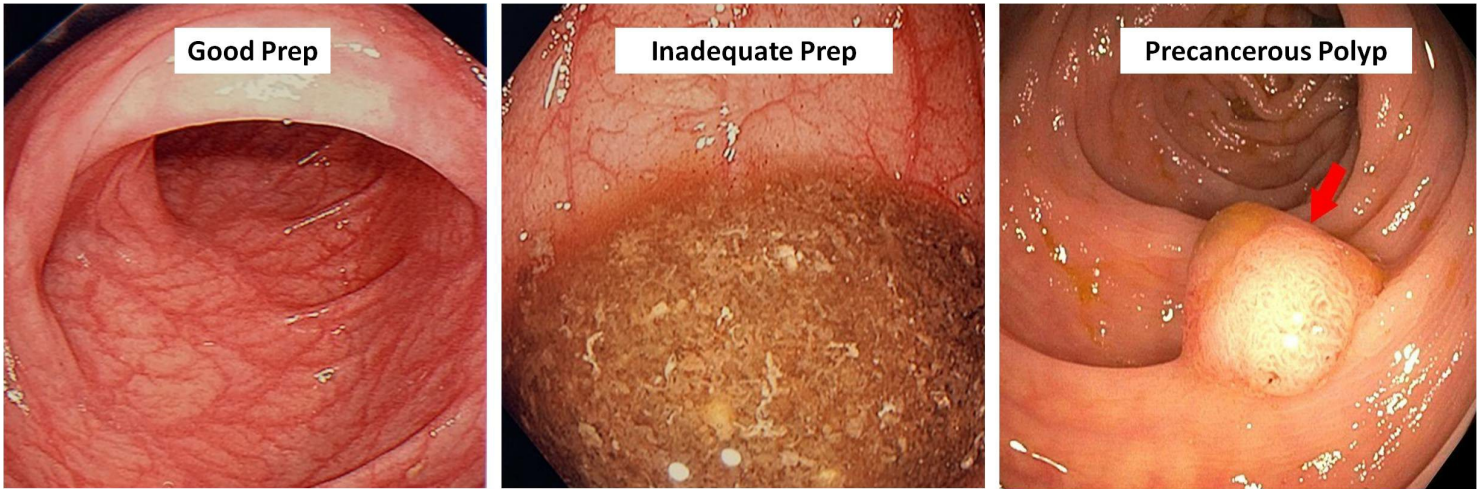
### 4. Provider

- Dr. David V. Glorioso
- Dr. David L. Limauro
- Dr. Mark A. Cedar
- Dr. Nicholas A. Bellicini
- Dr. Lisa Oliva
- Dr. Xuong Lu
- Dr. Robert J. Pagano
- Dr. Theresa Schuerle
- Dr. Jungmin L. Lee

### 5. Procedure Location

- South Hills Endoscopy Center.** 2589 Boyce Plaza Road, Upper St. Clair, PA 15241. Report to the reception desk in the main lobby in the front of the building. Parking is free.
- Mercy Hospital.** 1400 Locust Street, Pittsburgh, PA 15219. Report to the Endoscopy and Special Procedures Unit located on the second floor of Mercy Tower. Reduced parking is available in the hospital garage.
- St. Clair Memorial Hospital.** 1000 Bower Hill Rd, Pittsburgh, PA 15243. Report to the Dunlap Center, Endoscopy Unit located on the sixth floor. A van service is available in a limited area around the hospital. Call transportation services through the hospital operator (412-561-4900) to make arrangements.
- Spartan Health Surgicenter.** 100 Stoops Dr, Monongahela, PA 15063. Report to the reception desk located on the ground floor of the Spartan Surgicenter Building. Parking is free.
- Mon Valley Hospital.** 1163 Country Club Road, Monongahela, PA 15063. Report to same day surgery on the first floor.

It is very important that you strictly follow dietary instruction (**low fiber diet, clear liquid diet**) and **bowel prep instruction**. Failure to follow the instruction will result in inadequate bowel prep and lesions (polyps) can be easily missed.



**THE FOLLOWING IS THE SUMMARY FOR COLONOSCOPY PREPARATION.**

- Check your medication and make necessary adjustments if you take blood thinners or diabetic drugs.
- Make arrangements for transportation since you are not allowed to drive due to sedation.
- 7 days before colonoscopy: Begin low fiber diet
- (2 days before colonoscopy: if you are doing a 2 Day Alternative Prep → clear liquids only and start bowel prep)
- The day before colonoscopy: Clear liquids only. Start bowel prep (DOSE 1) at 6 PM
- On the day of colonoscopy: Take the rest of prep (DOSE 2) at 7 hours before the colonoscopy, and DOSE 2 should be finished 4 hours before the colonoscopy. Nothing to eat or drink at least for 4 hours before the colonoscopy.

**PLEASE READ ALL THESE PREPARATION INSTRUCTIONS AND ATTACHED FORMS. FAILURE TO FOLLOW INSTRUCTIONS MAY RESULT IN YOUR TEST BEING CANCELED OR REPEATED.**

- The patient or responsible family member will need to sign a CONSENT FORM for the procedure.
- Since you will be sedated for this exam, you can not drive or operate machinery for 12-24 hours following the test. You must be accompanied by a companion and have made arrangements for transportation, or you will not be given the sedation.
- Please call 48 hours in advance if you are unable to keep your appointment so we might make this time available to other patients.